

Transitions Business Division

Transitions owns and operates businesses that provide the community with quality products and services while giving clients with mental health issues a supportive training site for positive employment experience.



Full Service Printing Company:
1512 4th Ave. | Rock Island, IL 61201
309.283.1308



Janitorial Services



Mental Health Issues are REAL

At Transitions, we recognize that every person's wellness journey is unique. We believe that mental health issues are treatable and with individualized, personalized care, you or your loved one can find their path to recovery. We look forward to helping you design your unique path!

About Transitions

We are a community-based, not-for-profit mental health organization that has been serving the Quad Cities Community for more than forty years. Our goal is to provide quality mental health services to everyone we serve and equip them with the tools and skills to live safe, healthy, satisfying and productive lives. We offer diagnostic services, therapy/counseling, community support and case management, psychiatric/medication management, employment and residential supported living services.

Who We Serve

Transitions proudly serves individuals across the life/age span: from 5 years old to older adults who are impacted by mental health issues. Illinois residents who have IL Medicaid or MCO plans are eligible for an initial evaluation and potential services. We also offer a sliding fee scale.



Transitions
Mental Health Services

Where Action and Compassion Meet



309.283.1228



transmhs.org



transitions@transmhs.org

Administrative Offices & Residential Services

805 19th Street | Rock Island, IL 61201

Offices for Adult Therapy, Community Outreach, Employment & Psychiatric Services

2326 - 16th Street | Moline, IL 61265

Offices for Youth Therapy, Community Outreach, & Employment Services

2202 - 18th Avenue | Rock Island, IL 61201

"Transitions Mental Health Services improves the health and wellbeing of individuals with mental health challenges, their families and the community, through services, education and advocacy."



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A Division of Transitions Business Services



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Mental Health Services

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Transitions

Mental Health Services

**To schedule
an appointment:**

Call 309.283.1228

For Youth Services

Call: 309.429.6231

SERVICES WE PROVIDE YOU

Community Support Services

Our Community Support Services help individuals build coping skills to work through current life issues. Our specialized staff help you connect with community resources that help achieve greater stability and life success.

Youth Therapy Services

Therapy/counseling services are available to children and adolescents (ages 5-18) and are offered through our Rock Island Hilltop clinic setting or can be customized at your child's school. Therapy services are both play- and talk-based and provided by our compassionate, master's level therapists.

Employment Services

Our nationally-recognized, award-winning employment services specialize in an array of job development skill building. From resume building, job search assistance, mock interview opportunities and on/off-site job support, our assistance can help you work through any job-related challenges. Our services help individuals not only obtain jobs and careers they are motivated by, but they also help establish positive, successful job experiences.

Adult Therapy Services

Our psychotherapy services help adults (18yo and older) to examine, explore and process patterned issues that are currently impacting their life and personal growth: relationship issues, mood/symptom management, family dysfunction or past trauma. Our committed master's level and licensed therapists journey with you on your healing path towards recovery.

Psychiatric Services

We offer psychiatric evaluation and medication management to increase the healing effects of our services. Medications can help reduce unpleasant symptoms and improve functioning. Psychiatric services are available to clients who are engaged in our other service options.



Residential Supported-Living Services

We offer a voluntary, community-based transitional housing program to individuals impacted by their mental health and unable to live independently. Our supported living program provides onsite community support services to help link individuals to employment, schooling or volunteer opportunities right from the program acceptance. Our goal is to help the individual gain the daily living skills, stable employment, and income to move into their own independent dwelling.

Mental Health Court Services

We coordinate and facilitate a multidisciplinary program designed to divert individuals with criminal charges and mental health issues toward stability in their recovery. Mental health court and these services assist individuals with taking prescription medications and managing their illness, establishing stable, safe housing and finding and securing steady employment. The ultimate goal is to avoid expensive and unnecessary incarceration/hospitalization and change a trajectory of criminal activity toward healing and recovery.

Advocacy Services

Our specialty staff offer support and advocacy to clients needing legal help or assistance navigating challenging situations or system barriers.

Consultation and Training Services

Our licensed mental health professionals are available to train, present and consult with organizations, businesses, schools, and civic groups on an array of trauma and mental health topics. We also offer family consultation and support to family members struggling with a loved one's illness.

